



**2018  
5<sup>th</sup> NATIONAL  
SWIMMING CHAMPIONSHIPS**



**March 2<sup>nd</sup> – March 4<sup>th</sup>, 2018**

**ANTIGUA - WEST INDIES**

**VENUE – ANTIGUA ATHLETIC CLUB  
No. 24 Pavillion Drive (Coolidge, Antigua, W.I)**

**Tel. (268) 726-6666 or 783-0578**



Saturday 3 <sup>rd</sup> March, 2018	Arrival of Participants	
	Warm-Up	8:00 AM - 9:30 AM
	Opening Ceremony	9:45 AM – 10:00 AM
	Championships	10:00 AM - 12:00NOON
	BREAK TIME	12:00 PM – 12:45 PM
	Championships	12:45 PM – 2:30 PM

Sunday 4 <sup>th</sup> March, 2018	Arrival of Participants	
	Warm-Up	8:00AM – 9:30PM
	Championships	9:45AM – 12:00NOON
	BREAK TIME	12:00 NOON - 12:45 PM
	Championships	12:45 PM - 2:30 PM
	Closing	2:30 PM – 3:00 PM

### Registration and Entries

Entries must be made on the official “[2017 National Swimming Championships Entry Form](#)” (Excel spreadsheet or Hy-Tek Meet Manager Software), which accompanies this Notice. The entries must be returned to the organizers by **Wednesday 21<sup>st</sup> February, 2018**. You may submit entries by e-mail to: [roy@harpersoffice.com](mailto:roy@harpersoffice.com).

### The following will apply to all entries:

1. There is no limit to the number of swimmers which your club can enter in the meet. However we advise that swimmers be competent to swim the required distances for their age groups.
2. There is no restriction on the number of events in which an individual competitor may participate in.
3. Heats will be announced and swimmers missing their respective heat will not be allowed to take part in the event.
4. Swimmers must report to the waiting area at least 3 heats before the event in which he/she has been entered. If the swimmer is not in the waiting area by the designated time a decision may be taken that the swimmer has scratched the event.
5. There will be no relay events.
6. Ad hoc deck entries will not be accepted.
7. There will be no team points.

8. The fees are as follows:

- (I) EC\$75.00 - per swimmer. Fees must be paid before any swimmer will be allowed to participate in the meet.
- (II) EC\$5.00 - for each scratch after meet is seeded and programmes printed.  
EC\$10.00 - penalty fee for swimmers who scratch during the meet or fail to swim. This penalty must be paid before the swimmer is permitted to swim further in this Meet.
- (III) EC 10.00 - per late entry after Technical Meeting. Late entries will be only allowed in heats with open lanes in an already seeded event.

Entry Fees must accompany entry forms or be paid on arrival of team or individuals. No individual will be allowed to start the competition without payment of meet fees. **Entry fees are due for all swimmers seeded in the meet after the scratch date even if they do not show up.** Clubs will not be allowed to have their swimmers swim if these fees are not paid. If the swimmer is sick, a medical certificate must be submitted.

### **Exhibition Swims:**

**All requests for exhibition swims must be submitted along with the main entries by the deadline date of Wednesday, February 21, 2018. Such requests must be clearly marked ‘exhibition’ and submitted at the end of the main entries within the age group and on the same entry form. Exhibition swims will only be allowed for swimmers entered in the meet.**

### **Time Trials:**

**All requests for time trials must be submitted each day before the start of the day’s session on the prescribed form indicating the following: Name of Swimmer, Sex, Age, Club affiliation, event and the approximate time the Time Trial is required to take place. Swimmers requesting time trials must pay EC\$10.00 for each event requested. Time trials will only be allowed for events 100m and under.**

### **Awards:**

Awards will be distributed for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> places in each event (male & female). A high point trophy will be awarded for each age group, male & female.

### **Scoring:**

Points will be awarded to individual swimmers for the purpose of determining the winners of the high point award for each age group.

Scoring: 1<sup>st</sup> – 9 pts; 2<sup>nd</sup> - 7pts; 3<sup>rd</sup> – 6pts; 4<sup>th</sup> – 5pts; 5<sup>th</sup> – 4pts; 6<sup>th</sup> – 3pts; 7<sup>th</sup> - 2pts; 8<sup>th</sup> - 1pt

In the event of a tie, the swimmer with the higher number of individual victories shall be given the trophy. Should there be an equal number of victories, then the number of 2<sup>nd</sup> place, then 3<sup>rd</sup> place finishes shall be the determining factor.

### **Officials:**

Clubs (local and overseas) are invited to submit the names of any qualified persons willing to serve as Timers / Judges during the meet. Each club must submit the names of timers/volunteers based on the number of swimmers they are submitting. These are the number of volunteers needed per session.

1-10 swimmers – 2 timers

11-20 swimmers – 5 timers

20+ swimmers – 7 timers

All meet officials are required to check in with the Meet Referee and Chief Timer one hour before the start of the competition.

Refreshment will be served to Meet Officials and Timers during the Competition.

**Stop Line:** Pool Attendants & Lifeguards (optional)

**Disqualification:** All disqualifications will be announced on the public address system so that swimmers, coaches and parents are made aware.

**Protests:** The Jury of Appeal, comprising three disinterested persons, to adjudicate all appeals against a Referee's rejection of a protest will be formed out of the Association's Technical and Main Council Committees. All protests to the Referee's decision must be submitted to the Referee in writing within 30 minutes after the event, signed by an authorized Club Official and accompanied by EC \$100.00. If the protest is upheld the fee will be returned to the Club Official.

**Finishes:** Swimmers will remain in their lane until all swimmers finish the race.

**Programme:** There will be no Heats or Preliminaries. All events are Timed Finals and seeded according to entry time.

**Note: For a seed time it is a BEST OFFICIAL TIME ACHIEVED IN THE LAST 11 MONTHS, not a time you hope to achieve.** Only if you have no seed time should you enter NT.

The pool will be open 90 minutes prior to the meet for warm-up except on the Thursday where it will be open for 45 minutes prior to the start of the evening's event. Lane assignments will be given at the beginning of the meet.

### **Refreshments and Sales:**

**No outside food will be allowed in the facility. This is a private club and their no outside food policy must be adhered to.**

**The Facility will have available drinks and food for sale throughout the meet. Teams are encouraged to submit their orders for meals early to the front desk.**

### **Admission:**

**Non-Swimmer admission is EC\$10.00 per day; children under 10 years; EC\$5; children under 5 years – free. Week-end pass is EC\$25.00 (persons over 10yrs). Each team is allowed 2 coaches at no charge.**

**There will be no entry charge on the Thursday.**

**CLUBS OR NATIONAL FEDERATIONS REQUIRING ASSISTANCE WITH ACCOMMODATION OR TRANSPORTATION PLEASE CONTACT THE ABSF AT TEL #268-783-0578, OR VIA EMAIL AT [techdir@absf.ag](mailto:techdir@absf.ag).**

# 2018 ABSF National Championships

2nd - 4th March 2018

## Events

<u>Age Group</u>	<u>Distance/Stroke</u>
8 & under	25 m Free
	25 m Back
	25 m Breast
	25 m Fly
	50 m Free
	50 m Breast
	50 m Back
	50 m Fly
	100 m Free
	100 m Breast
	100 m Back
	100 m IM
	9 - 10
50 m Back	
50 m Breast	
50 m Fly	
100 m Free	
100 m Breast	
100 m Back	
100 m Fly	
200 m Free	
200 m Breast	
200 m Back	
400 m Free	
100 m IM	
11 & over	50 m Free
	50 m Back
	50 m Breast
	50 m Fly
	100 m Free
	100 m Breast
	100 m Back
	100 m Fly
	200 m IM
	400 m IM
	200 m Free
	200 m Breast
	200 m Back
	200 m Fly
	400 m Free
	800 m Free (Females)
1500 m Free (Males)	

(F): Female

(M): Male

### DAY 1 – Thursday

<u>Event/Gender</u>	<u>Age Group</u>	<u>Distance/Stroke</u>
1(F)/2(M)	8 & under	100 m Ind. Med
3(F)/4(M)	9-10	100 m Ind. Med
5(F)/6(M)	11 & over	200 m Ind. Med
<u>Event/Gender</u>	<u>Age Group</u>	<u>Distance/Stroke</u>
8(F)/8(M)	8 & under	50 m Breaststroke
9(F)/10(M)	9 - 10	100 m Breaststroke
11(F)/12(M)	11 & over	100 m Breaststroke
<u>Event/Gender</u>	<u>Age Group</u>	<u>Distance/Stroke</u>
13(F)	11 & over	800 m Freestyle
14(M)	11 & over	1500 m Freestyle

### - DAY 2 - Friday

<u>Event/Gender</u>	<u>Age Group</u>	<u>Distance/Stroke</u>
15(F) /16(M)	8 & under	25 m Backstroke
17(F) /18(M)	9-10	100 m Backstroke
19(F)/20(M)	11 & over	100 m Backstroke
<u>Event/Gender</u>	<u>Age Group</u>	<u>Distance/Stroke</u>
21(F)/22(M)	8 & under	100 Freestyle
23(F)/24(M)	Open	400 Freestyle

### - DAY 3 - Saturday

<u>Event/Gender</u>	<u>Age Group</u>	<u>Distance/Stroke</u>
25(F) / 26(M)	11 & Over	200 m Butterfly

15 min break – medal presentation

<u>Event/Gender</u>	<u>Age Group</u>	<u>Distance/Stroke</u>
27(F) / 28(M)	8 & under	25 m Breaststroke
29(F) / 30(M)	9 – 10	50 m Breaststroke
31(F)/ 32(M)	11 & over	50 m Breaststroke
<u>Event/Gender</u>	<u>Age Group</u>	<u>Distance/Stroke</u>
33(F) / 34 (M)	8 & under	50 m Butterfly
35(F) / 36 (M)	Open	100 m Butterfly

LUNCH BREAK (45 min)

<u>Event/Gender</u>	<u>Age Group</u>	<u>Distance/Stroke</u>
37(F) / 38(M)	8 & under	100 m Backstroke

39(F) / 40(M)

Open

200 m Backstroke

10 min break (medal presentation)

**Event/Gender**

41(F)/42(M)

43(F) /44(M)

45(F)/46(M)

**Age Group**

8 & Under

9 - 10

11 & Over

**Distance/Stroke**

25 m Freestyle

100 m Freestyle

100 m Freestyle

**- Day 4 - Sunday**

**Event/Gender**

47(F) /48(M)

**Age Group**

11 & Over

**Distance/Stroke**

400 m Individual Medley

15 min break (medal presentation)

**Event/Gender**

49(F) /50(M)

51(F) /52(M)

53(F)/54(M)

**Age Group**

8 & under

9 - 10

11 & over

**Distance/Stroke**

25 m Butterfly

50 m Butterfly

50 m Butterfly

**Event/Gender**

55(F) /56(M)

57(F)/58(M)

**Age Group**

8 & Under

Open

**Distance/Stroke**

100 m Breaststroke

200 m Breaststroke

LUNCH BREAK (45min)

**Event/Gender**

59(F)/60(M)

**Age Group**

Open

**Distance/Stroke**

200m Freestyle

**Event/Gender**

61(F) /62(M)

63(F) /64(M)

65(F) /66(M)

**Age Group**

8 & Under

9-10

11 & Over

**Distance/Stroke**

50 Backstroke

50 Backstroke

50 Backstroke

10 min break

**Event/Gender**

67(F) /68(M)

69(F) /70(M)

71(F) /72(M)

**Age Group**

8 & under

9-10

11 & over

**Distance/Stroke**

50 mts Free

50 mts Free

50 mts Free

CLOSE OF MEET