



antigua & barbuda
swimming federation

**8th Annual Invitational
SWIMMING
CHAMPIONSHIPS
2023**

MEET SUMMONS

Vipers Pool

Blue Waters Main Road

Langfords

ANTIGUA (W.I)

OCTOBER 13th-15th, 2023

Tel. (268)736-3898

vppools@absf.ag

Annual ABSF INVITATIONAL SWIMMING CHAMPIONSHIPS 2023

You are cordially invited to participate in the 8th Annual ABSF Invitational Swimming Championships. This competition will be conducted under the sanction of the Antigua Barbuda Swimming Federation and AQUA rules.

1. DATE AND VENUE

DATE: October 13-15, 2023

VENUE: Vipers Pool
Langfords, St. John's
Antigua W.I

POOL SPECIFICATIONS: 6 Lane, 25m pool

Electronic Timing System: Automatic touch pads with manual stop watches.

2. SCHEDULE

Thursday 12th October

Technical Meeting - 7:30 p.m. on line
(Scratches can be submitted ahead by email)

Friday 13th October (Day 1):

Warm up: 4:00p.m. - 5:30p.m.
Championships – 6:00p.m. – 8:00p.m.

Saturday 14th October (Day 2):

Warm-Up: 2:00 p.m. – 3:45 p.m.
Opening Ceremony 3:55 p.m.
Championships – 4:10 p.m. – 6:30p.m.

Sunday 15th October (Day 3):

Warm-Up: 8:00 a.m. – 9:30 a.m.
Championships – 9:45 a.m. – 12:30p.m.

Awards and Closing Ceremony 1:00 p.m.

3. REGISTRATION AND ENTRIES

All Entries must be made in Hy-Tek Meet Manager format electronically or be submitted in excel format. They must be submitted by **Friday, October 6th, 2023**. (The required Hy-Tek format or the Excel entry spread sheet will be distributed separately by electronic mail and will be posted on www.swimantiguabarbuda.com). **For a seed time the AQUA rule needs to be observed, it is a BEST OFFICIAL TIME ACHIEVED IN THE LAST 12 MONTHS not a time you hope to achieve.** Only if you have no seed time should you enter NT. Entries must be sent to Kem Warner Email: yppools@absf.ag, kwarnar@candw.ag, and lt@absf.ag

4. COMPETITION RULES

4.1. THE COMPETITION

The Competition will be conducted in accordance with AQUA Rules in force at the start of the competition. AQUA Rule SW 4.4 shall be applied. Throughout the Meet there will be a no FALSE-START rule for age groups 9-10 and older, and a two false start rule for younger age groups.

STARTS WILL BE OVER THE TOP WHERE EVER POSSIBLE.

ALL EVENTS are TIMED FINALS

4.2. PROTESTS

The designated team representative must file a signed protest to a referee decision with the meet referee within 30 minutes of the posted results of the event. The cost of the protest will be ECD\$100. The protest will go to the protest committee that will be named prior to the meet start. If the protest is upheld the fee will be returned to the team official.

4.3. AGE GROUPS

Competitors will compete in the following age groups:

8 & under

9 - 10

11 - 12

13 - 14

15 & over

All individual events except or the 8 & under and the 100 IM for the 9-10 category will be swum as Open Events but scored by age group.

For the relay events, the age groups shall be as follows:

10 & Under

11-14

15 & Over

The swimmer's age group shall be determined by the age of the swimmer as of **midnight on 31st December 2022**

4.4. ELIGIBILITY

Competitors must be amateurs as defined by AQUA and registered swimmers with the Federation of the country sanctioning their participation. All local swimmers must be registered with ABSF through their clubs. Unattached swimmers are encouraged to participate. Unattached means swimmers who have moved from one club to another under the period of 4 months. Unattached swimmers must be clearly identified by the participating clubs.

4.5. ENTRIES

RULES AND REGULATIONS:

1. There is **NO** limit to the number of swimmers which your club can enter in an individual event, however, only the two fastest swimmers will score team points. There shall be neither substitutes nor alternatives in individual events.
2. There will be **NO RELAYS**
3. There is no restriction on the number of events in which an individual competitor may participate.
4. Heats will be announced and all swimmers missing their respective heat will not be allowed to take part in that event.
5. Where an event is not available in a specific age group, Swim Ups will only be allowed if space is available in a heat in that event. No new heats will be created for swim-ups. All swim ups (or downs) will be exhibition only.
6. The fees are as follows:
 - a. EC\$50.00 - Team Fee
 - b. EC\$75.00 – Individual Fee (6 or more events)
 - c. EC\$50.00 – Individual Fee (5 or less events)
 - d. EC\$ 15.00 - Penalty fee for swimmers who fail to scratch, or fail to Swim unless a medical certificate is presented. This penalty must be paid before the swimmer is permitted to swim further in this Meet.
7. EC\$ 15.00 - per late entry after Technical meeting. These entries will only be allowed in heats with open lanes in an already seeded event.

8. **ENTRY FEES MUST BE PAID BEFORE START OF MEET. SWIMMERS WILL NOT BE ALLOWED TO PARTICIPATE UNLESS CLUBS PAY IN MEET FEES. ALL MEET FEES SHOULD BE PAID IN ON FRIDAY 13 OCTOBER. FEES PAID IN AFTER FRIDAY 13TH WILL PAY A PENALTY OF AN ADDITIONAL \$100.**
9. Competitors should be entered with a seed time or NT (No Time). Swimmers will be seeded in each event according to ENTRY TIMES.
10. The Organizing Committee reserves the right to cancel an event if the registration is less than 3 individuals.
11. The Organizing Committee also reserves the right to combine heats to enable greater efficiency of the meet schedule.
12. Any change must be made no later than four (4) events prior to the scheduled event number; after that, only on the presentation of a valid medical certificate. The swimmers must be named in order of swimming in accordance with FINA rules.
13. Time trials may be allowed but will be limited to one heat only. Time trials may be run on the Saturday or Sunday before each session but must be submitted the day before. Each individual time trial request will cost \$20. Time trials are not taken into account for rankings.
14. Each team will be allowed 2 officials to enter complimentary but the names must be submitted with the entries. Each team will be given one (1) complimentary heat sheet only.
15. Local clubs are required to submit, with their entries, a list of volunteers to act as Technical Officials and to perform other duties essential to the smooth running of the competition. Clubs must submit the names of volunteers to the ABSF at least four (4) days before the start of the competition. Volunteers MUST report to the volunteer station at least 30 minutes before the start of the competition for roll call and assignment.
Please use the following guide to provide timers for the meet.
1-10 swimmers – 2 timers per session
11-20 swimmers – 5 timers per session
+20 swimmers – 7 timers per session

5. AWARDS

1. Medals will be awarded to the first three (3) places in each event (male & female).
2. Trophies will be awarded to the swimmer in each group, male and female, with the highest number of points. High Point Medals will be awarded to swimmers placing second and third place in their age categories.
3. There will be no Championship Trophy
4. Scoring shall be as follows:
Individual Events 9, 7, 6, 5, 4, 3, 2, 1

6. Spectator/Supporter Fees

Spectator/Supporter Fees will be as follows:

- EC\$25 Weekend Pass (adult)
- EC\$10 per session (Adult) per day (13yrs & over)

EC\$5 per session per day (Children aged 5 – 12 yrs)
Children under 5 years – no charge
Meet Programme - \$5 daily or \$10 if entire meet programme

7. REFRESHMENTS AND SALES

The facility will have available drinks and food for sale throughout the meet. Teams are encouraged to submit their orders for meals early, prior to the start of the meet. All Lunches have to be pre-ordered.

8. TECHNICAL MEETING

There will be a brief online Technical Meeting on Thursday 12th October 2023 at 7:30 pm. At this meeting, swimmers may be scratched from events but no alternates or substitutes will be permitted.

9. OPENING OF POOL

The pool will be opened 90 minutes before the scheduled start of the competition session. The pool will be closed 10 minutes before the start of the competition.

10. CONTACT INFORMATION

VP – Pool Swimming & Meet Director
Kem Warner
Tel: 1 268 736 3898
Email: vppools@absf.ag or karner@candw.ag

General Secretary
Andrea Roberts-Nicholas
Email: secretary@absf.ag
Tel: 268-

11. TECHNICAL OFFICIALS

Individuals are invited to apply to the Organizing Committee to act as Technical Officials in the Competition. See application form on page 9. Please send requests to: secretary@absf.ag. Also, persons can indicate their interest and availability in the ABSF Technical Official's chat. Applications should also be uploaded on the chat.

EVENTS:

8 & under (7 events)

25 - Free, Back, Breast, Fly

50 - Free

100 - Free

100 – IM

9-10 (8 events)

50 - Free, Back, Breast, Fly

100 - Free

200 – Free

400 – Free

100 – IM

11 & over (11 events)

50 - Free, Back, Breast, Fly

100 - Free, Back, Breast, Fly

200 - Free

400 – Free

200IM

ORDER OF EVENTS

PROGRAMME FOR ABSF 8 TH ANNUAL INVITATIONAL 2023		
EVENT NO.	EVENT	AGE GROUP
Friday 6:00pm – 8:00pm – Session 1		
	Opening Ceremony	
1 & 2	100m Free	8 & Under
3 & 4	400m Freestyle	OPEN
Saturday 4:10 – 6:30		
5 & 6	200 Freestyle	Open
	10 min break	
7 & 8	50 Breaststroke	11 & over
9 & 10	25m Butterfly	8 & under
11 & 12	50 Butterfly	9-10
13 & 14	100 Butterfly	11 & over
	30 min break	
15 & 16	25 Backstroke	8 & under
17 & 18	50 Backstroke	9-10
19 & 20	100 Backstroke	11 & over
	10 min break	
21 & 22	50 Freestyle	open
Sunday 9:45am – 12:30pm		
23 & 24	100 IM	10 & under
25 & 26	200 IM	11 & over
	15 min break	
27 & 28	50 Backstroke	11 & over
29 & 30	25 Breaststroke	8 & under
31 & 32	50 Breaststroke	9-10
33 & 34	100 Breaststroke	11 & over
	30 min break	
35 & 36	50 Butterfly	11 & over
37 & 38	25 Freestyle	8 & under
	10 min break	
39 & 40	100 Freestyle	9 & over
	Medal Ceremony	

ABSF 8Th ANNUAL INVITATIONAL SWIMMING CHAMPIONSHIPS

2023

APPLICATION FORM FOR TECHNICAL OFFICIALS

NAME: _____ SIGNATURE _____

ADDRESS: _____

COUNTRY: _____

I apply to officiate in: Swimming _____

THE POSITION I CAN FILL IS _____

I HAVE SERVED AS A TECHNICAL OFFICIAL FOR THE PAST ____ YEARS: (List meets/events at which officiated and positions served)

NATIONAL: _____

INTERNATIONAL: _____

MY PRESENT POSITION AS TECHNICAL OFFICIAL IS:

a) NATIONAL _____

b) AQUA list # _____

This form must be signed by the President or Secretary of the National Federation of the National Federation.

Name _____ Title _____

Date _____

NOTES:

1. TEAM OFFICIALS MAY NOT ACT AS TECHNICAL OFFICIALS
2. THIS FORM MUST BE RETURNED BY EMAIL TO THE ORGANIZING COMMITTEE OF THE 2022 ABSF INVITATIONAL – secretary@absf.ag NOT LATER THAN **October 7th, 2022**